

# PALLIATIVE MEDICINE

THE UNIVERSITY OF TEXAS  
**MD Anderson**  
**Cancer Center**  
Making Cancer History®

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**SEPTEMBER 8-10, 2020**

UPDATES IN HOSPICE AND PALLIATIVE MEDICINE  
**AND INTENSIVE PHYSICIAN BOARD REVIEW**

**Review Course via Web Streaming**



# UPDATES IN HOSPICE AND PALLIATIVE MEDICINE AND INTENSIVE PHYSICIAN BOARD REVIEW COURSE

A WEB STREAMING EDUCATION EVENT

SEPTEMBER 8-10, 2020

## GOAL

Caring for the cancer patient in the advanced stages of disease is particularly challenging to the healthcare team. It requires attending to the many dimensions of care including medical, psychosocial, ethical, and spiritual needs. In its 16th year, the Updates in Hospice and Palliative Medicine and Intensive Physician Board Review Course will continue to offer physicians and healthcare professionals educational updates and literature review to help them successfully take the ABIM exam.

Physicians, fellows and advanced nurse practitioners will gain the knowledge and competence pertaining to symptom and pain management, issues facing patients at end-of-life, and effective communication techniques to implement into clinical practice.

## EDUCATIONAL OBJECTIVES

After attending the conference, participants should be able to

- Interpret spiritual, legal and medical issues facing patients at end-of-life (*knowledge, competence*);
- Provide optimal end-of-life care including symptom management, psychosocial support and state-of-the-art pain management (*knowledge, competence, performance, patient outcomes*);
- Demonstrate effective communication techniques with patients in the advanced stages of cancer or debilitating disease and provide quality end-of-life care (*knowledge, competence, performance, patient outcomes*);
- Identify non-cancer conditions needing palliative care (*knowledge, competence*).

## TARGET AUDIENCE

This activity is targeted to physicians and fellows as a board review course for the Hospice and Palliative Medicine Board Certification, though some Advanced Practice Nurses may find the information beneficial.

## EDUCATIONAL METHODS

Lectures/Didactic • Audience Response System • Internet Web Streaming Course  
• Question/Answer Sessions

## EVALUATION

An online course evaluation tool will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics.

## ACCREDITATION/CREDIT DESIGNATION

The Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians accredits the University of Texas MD Anderson Cancer Center.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 26.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## ETHICS

The sessions marked with “\*” have been designated by The University of Texas MD Anderson Cancer Center for 10.25 *AMA PRA Category 1 Credits™* in medical ethics and/or professional responsibility.

## CME CERTIFICATES AND ATTENDANCE VERIFICATION CERTIFICATES

Certificates awarding *AMA PRA Category 1 Credit™* or certificates documenting attendance will be emailed when an individual completes the online CME Verification process.

Upon request, a record of attendance (certificate) will be provided via email to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.



## MOC POINTS

### American Board of Internal Medicine

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 26.50 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participant completion data will be shared with and transmitted to the ACCME on the participant's behalf.

In order to receive MOC points, you must pass the post-test with a score of 70% or higher.

## BOARD REVIEW ORGANIZING COMMITTEE

**Sriram Yennu, MD (Program Chair)**

**Eric Gagneaux (Logistics / CME Conference Planner)**

**Tameka Veal Sneed (Program Coordinator)**

Eduardo Bruera, MD

Kimberson Tanco, MD

Kevin Madden, MD

Donna Zhukovsky, MD

Suresh Reddy, MD

# PROGRAM

## TUESDAY, SEPTEMBER 8, 2020

- 8:00-8:15 am** Introduction and Overview of Course: How to Take the Exam  
Sriram Yennu, MD
- 8:20-9:20** Pain: Assessment and Principles  
Eduardo Bruera, MD
- 9:25-10:25** Opioids for Pain Management  
Suresh Reddy, MD
- 10:30-11:30** Interventions in Pain Management  
Larry Driver, MD
- 11:35-12:35** Lunch Break / Meet the Professor (Case Presentation/Round Table Discussion)  
Suresh Reddy, MD and Larry Driver, MD
- 12:40-1:40 pm** Adjuvant Medications for Pain Management & Integrative Approaches to Manage Pain  
Larry Driver, MD
- 1:45-2:45** Geriatric Palliative Care\*  
Marvin Delgado-Guay, MD
- 2:50-3:50** Delirium, Palliative Sedation, and Opioid Induced Neurotoxicity\*  
Eduardo Bruera, MD
- 3:55-4:55** Opioid Rotation  
Akhila Reddy, MD
- 4:55 pm** Adjourn

## WEDNESDAY, SEPTEMBER 9, 2020

- 8:00-8:45 am** Cachexia\*  
Rony Dev, DO
- 8:50-9:50** Dyspnea and Cough  
Ishwaria Subbiah, MD
- 9:55-11:25** Prognostication\*  
Yvonne Heung, MD
- 11:30-12:30** Palliative Care in the Last Week of Life  
Eduardo Bruera, MD
- 12:35-1:35 pm** Lunch Break / Meet the Professor  
Eduardo Bruera, MD
- 1:40-2:40** Grief & Bereavement  
Cindy Carmack, PhD
- 2:45-3:45** Medicare Hospice Benefit\*  
Linda Tavel, MD
- 3:50-4:20** Wound Care/Pressure – Medication Interaction, Ulcers/ Pruritus/Xerostomia  
Linh Nguyen, MD
- 4:25-5:10** Medication Interactions  
Kristy Nguyen, PharmD
- 5:15-6:00** Fatigue  
Sriram Yennu, MD
- 6:00 pm** Adjourn

## THURSDAY, SEPTEMBER 10, 2020

- 8:00-8:30 am** Palliative Care in ICU  
Kevin Madden MD
- 8:35-9:20** Palliative Care Emergencies\*  
Angelique Wong MD
- 9:25-10:25** Pediatric Palliative Care  
Kevin Madden, MD
- 10:30-11:30** Psychosocial and Spiritual Issues\*  
Marvin Delgado-Guay, MD
- 11:35-12:35** Ethical and Legal Decision Making\*  
Donna Zhukovsky, MD
- 12:40-1:40 pm** Lunch Break / Meet the Professor  
Jessica Moore, DHCE and Donna Zhukovsky, MD
- 1:45-2:30** Disease Specific Palliative Care I: Cardiac and Renal\*  
Linh Nguyen, MD
- 2:35-3:20** Challenging Conversations in Palliative Care\*  
Daniel Epner, MD
- 3:25-4:10** Management of Anxiety/ Depression at the End-of-Life  
Marvin Delgado-Guay, MD
- 4:15-5:00** Nausea/Constipation/ Bowel Obstruction  
Ishwaria Subbiah, MD
- 5:05-5:50** Disease Specific Palliative Care II: Neurological and AIDS\*  
Linh Nguyen, MD
- 5:50 pm** Adjourn

## PRESENTATIONS:

Presentations will be available online via STUDY. All of the PowerPoint presentations will be posted online at the time of the conference. You will receive an invitation email from STUDY@mdanderson to create a Username and Password to log into STUDY.

## REMINDER:

**This event will be broadcast live online.**

The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all relevant financial relationships with any commercial interest that could potentially affect the information presented.

MD Anderson also requires that all faculty disclose any unlabeled use or investigational use (not yet approved for any purpose) of pharmaceutical and medical device products. Specific disclosure will be made to the participants prior to the educational activity.

Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, scheduling conflicts, and so forth.

Photographing, audio taping and videotaping are prohibited.

## BOARD REVIEW SPEAKERS

### MD Anderson Faculty

#### **Sriram Yennu, MD** (Program Chair)

Eduardo Bruera, MD

Cindy Carmack, PhD

Rony Dev, DO

Marvin Delgado-Guay, MD

Larry Driver, MD

Daniel Epner, MD

Yvonne Heung, MD

Kevin Madden, MD

Jessica Moore, DHCE

Kristy Nguyen, PharmD

Akhila Reddy, MD

Suresh Reddy, MD

Ishwaria Subbiah, MD

Angelique Wong, MD

Donna Zhukovsky, MD

### Guest Faculty

#### **Linh Nguyen, MD**

UT Health Science Center at Houston  
Houston, Texas

#### **Linda Tavel, MD**

Texas Home Health and Hospice  
Houston, Texas



Follow Dr. Eduardo Bruera on  
Twitter:  
<https://twitter.com/edubru>

# REGISTRATION INFORMATION

## UPDATES IN HOSPICE AND PALLIATIVE MEDICINE AND INTENSIVE PHYSICIAN BOARD REVIEW COURSE

### SEPTEMBER 8-10, 2020

- The Board Review Course will begin at 8:00 am on Tuesday, September 08, and will adjourn at 5:50 pm on Thursday, September 10.

Updates in Hospice and Palliative Medicine and Intensive Physician Board Review Course registration fee includes online materials, course recordings and power point presentations.

The Deadline for Advanced Registration for Physician Board Review Course is August 10, 2020.

There are three ways to register:

- On-line at [www.mdanderson.org/conferences](http://www.mdanderson.org/conferences)
- Fax to 713-794-1724
- Mail to: Department of CME/Conference Management, Unit 1781, The University of Texas, MD Anderson Cancer Center  
PO Box 301407, Houston, TX 77230-1407

We accept the following forms of payment:

- Check (payable to The University of Texas MD Anderson Cancer Center through U.S. banks only)
- Money order
- Credit cards (MasterCard, VISA, and American Express)

When registering online a receipt/confirmation letter will be automatically emailed to the e-mail address

you listed on the registration form. If you register by fax or mail a receipt/confirmation letter will be emailed to you within ten working days of receipt of your fee.

## REFUND/CANCELLATION POLICY

The registration fee, minus a \$50 administration-handling fee, is refundable if a written request is received on or before **Monday, August 26, 2020**. No refunds will be granted after these dates. The request for a registration refund must include the tax identification number of the company or institution if registration was paid by a company or institution check.

The Department of CME/Conference Management reserves the right to cancel activities prior to the scheduled date, if low enrollment or other circumstances make it necessary. Each registrant will be notified by mail, e-mail, or at the phone or fax numbers given on the registration form. In case of activity cancellation, the liability of the Department of CME/Conference Management is limited to the registration fee. CME/Conference Management will refund the full registration fee.

The Department of CME/Conference Management reserves the right to limit the number of participants in a program and is not responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

For additional information, contact CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 or via e-mail: [register@mdanderson.org](mailto:register@mdanderson.org).

## SPECIAL ASSISTANCE

Contact the Department of CME/Conference Management at 713-792-2223 or toll free at 866-849-5866, if you have any special needs.

